The Judicial System and Race, Health, & Inequity: What Can Judges Do

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Goals

Today's Presentation Is Designed To:

- Identify What Are Social Determinants Of Health
- 2. Identify How Do Social

 Determinants Of Health Manifest
 Themselves In Our Courtrooms
- 3. Identify What Judges Can Do







Introduction to Health Equity

The social determinants of health (SDOH) and racial health inequities

How law operates as a SDOH

Health inequities and the courts: a vicious or virtuous cycle?

Systems Mapping and Criminal Justice

How we see racial health equity in the courtroom

The Social Determinants of Health (SDOH)



 The SDOH are the conditions in the environment that impact health such as poverty, housing, and racism.



- The SDOH are responsible for an estimated 80-90% of the modifiable contributors to human health.
- Inequitably or socially patterned.



Sometimes referred to as the social drivers of health.



The SDOH are upstream contributors to health outcomes.



Health Equity vs. Inequities

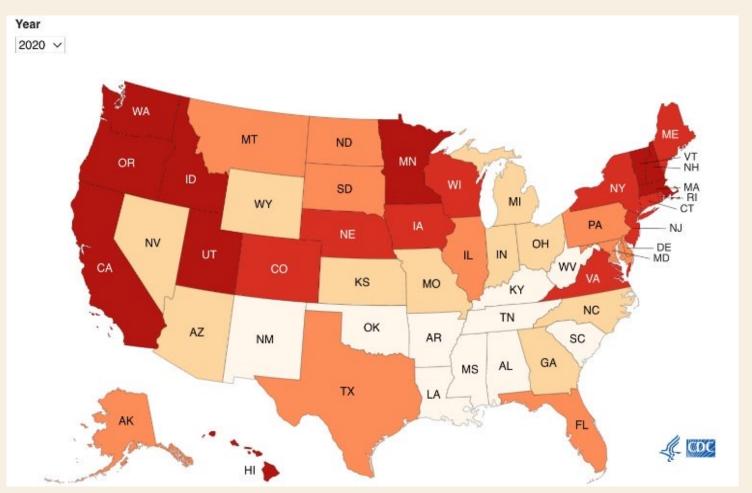
- * **Health Equity** is the state which everyone has a fair and just opportunity to attain their highest level of health.
- Health Inequities are systemic differences in the health status between different population groups







On a State Level

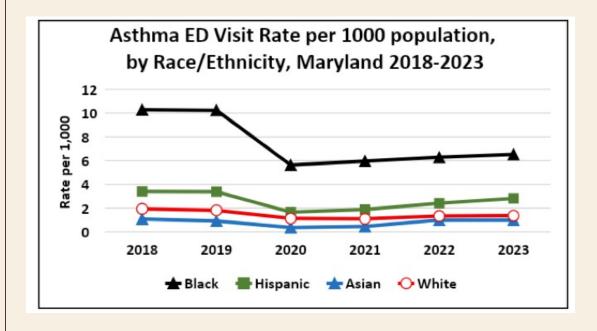


State	Life Expectancy
Hawaii	80.7
Massachusetts	79
Virginia	77.6
Florida	77.5
North Dakota	76.9
Delaware	76.7
Alaska	76.6
North Carolina	76.1
Ohio	75.3
Mississippi	71.9

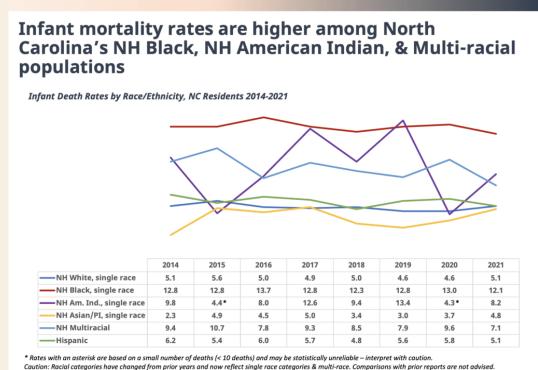


Racial Health Inequities

Asthma ED Visits Maryland



Infant Mortality Rates North Carolina

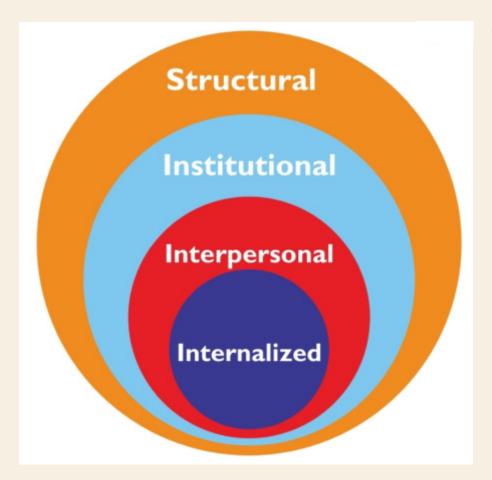


Source: NC State Center for Health Statistics

* NH = Non-Hispanic.



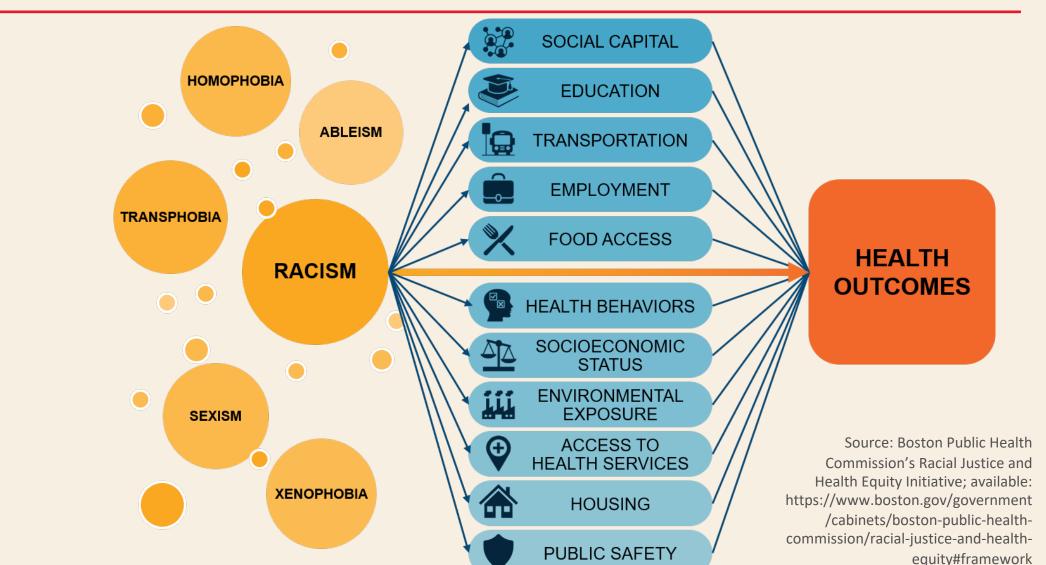
Structural racism



The totality of ways, through mutually reinforcing systems, patterns and practices, reinforces discriminatory beliefs, values, and distribution of resources. (Bailey et al. 2022)

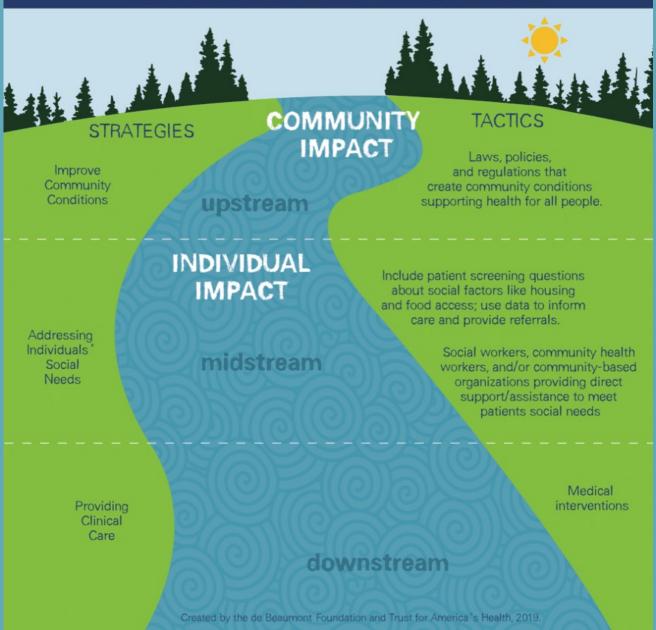


Structural racism affects health through multiple pathways

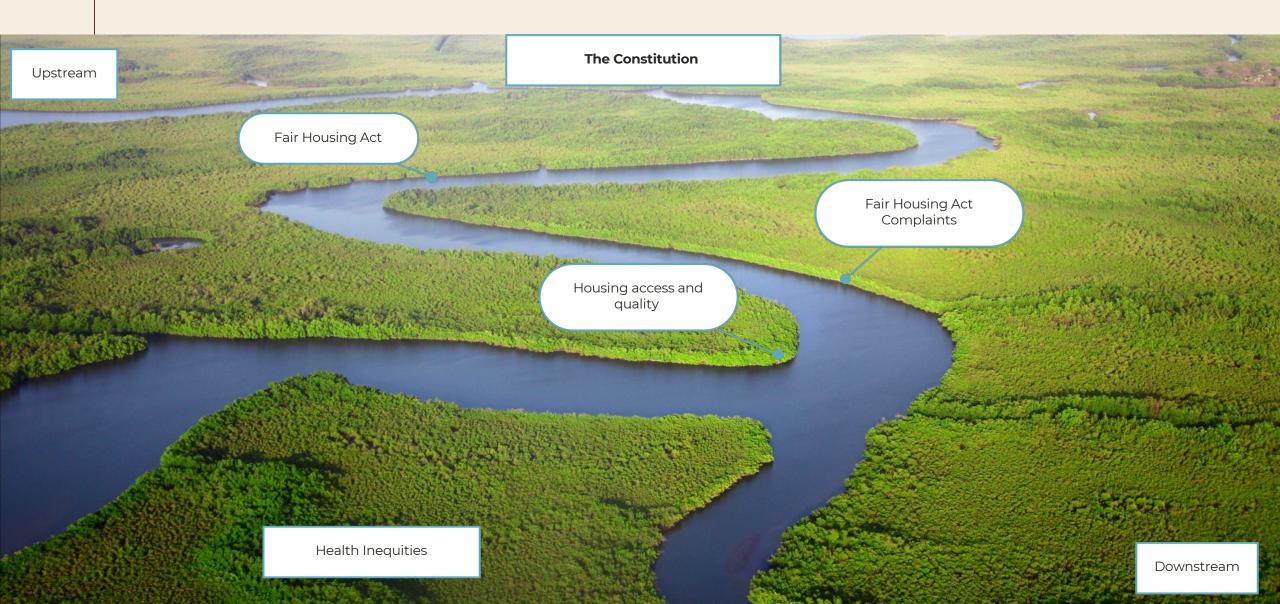




SOCIAL DETERMINANTS AND SOCIAL NEEDS: MOVING BEYOND MIDSTREAM



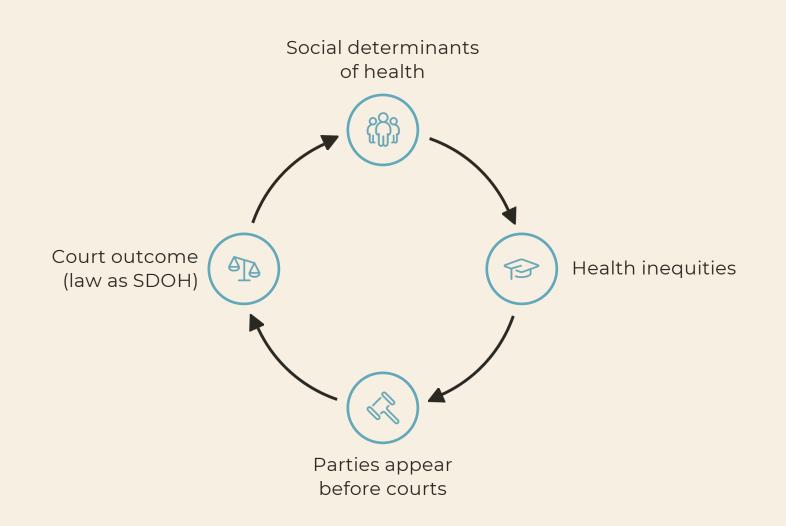
Law Operates as a SDOH



Judicial Decisions Operate as a SDOH



Health Inequities and the Courts: A Vicious or Virtuous Cycle?



How can courts mitigate health inequities?

More upstream

Interpreting the state constitution

Reviewing administrative regulations

Understanding causation

Designing court processes

Problemsolving courts **Exercising** discretion

Enforcing laws

Determining qualification of experts

More downstream

Risk Factors for and Impacts of Criminal Legal System Involvement



Source: Thalia González, Restorative Justice Diversion as a Structural Health Intervention in the Criminal Legal System, 113 J. Crim. L. & Criminology 541 (2023).

Overview

Gonzalez identifies various risk factors and the resulting impacts of criminal legal system involvement at different stages in the following areas:

- * Economic
- * Education
- * Social
- * Physical Health
- * Mental Health

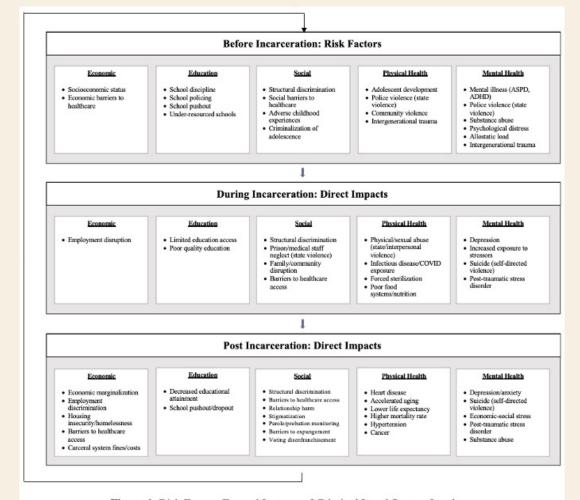


Figure 1. Risk Factors For and Impacts of Criminal Legal System Involvement

Before Incarceration: Risk Factors

Economic

- Socioeconomic status
- Economic barriers to healthcare

Education

- School discipline
- School policing
- School pushout
- Under-resourced schools

Before Incarceration: Risk Factors

Social

- Structural discrimination
- Social barriers to healthcare
- Adverse childhood experiences
- Criminalization of adolescence

Physical Health

- Adolescent development
- Police violence (state violence)
- Community violence
- Intergenerational trauma

Before Incarceration: Risk Factors

Mental Health

- Mental illness (ASPD, ADHD)
- Police violence (state violence)
- Substance abuse
- Psychological distress
- Allostatic load
- Intergenerational trauma

During Incarceration: Direct Impacts

Economic

Employment disruption

Education

- Limited education access
- Poor quality education

Social

- Structural discrimination
- Prison/medical staff neglect (state violence)
- Family/community disruption
- Barriers to healthcare access

During Incarceration: Direct Impacts

Physical Health

- Physical/sexual abuse (state/interpersonal violence)
- Infectious disease/COVID exposure
- Forced sterilization
- Poor food systems/nutrition

Mental Health

- Depression
- Increased exposure to stressors
- Suicide (self-directed violence)
- Post-traumatic stress disorder

Economic

- Economic marginalization
- Employment discrimination
- Housing insecurity/homelessness
- Barriers to healthcare access
- Carceral system fines/costs

Education

- Decreased educational attainment
- School pushout/dropout

Social

- Structural discrimination
- Barriers to healthcare access
- Relationship harm
- Stigmatization
- Parole/probation monitoring
- Barriers to expungement
- Voting disenfranchisement

Physical Health

- Heart disease

Accelerated aging

Lower life expectancy

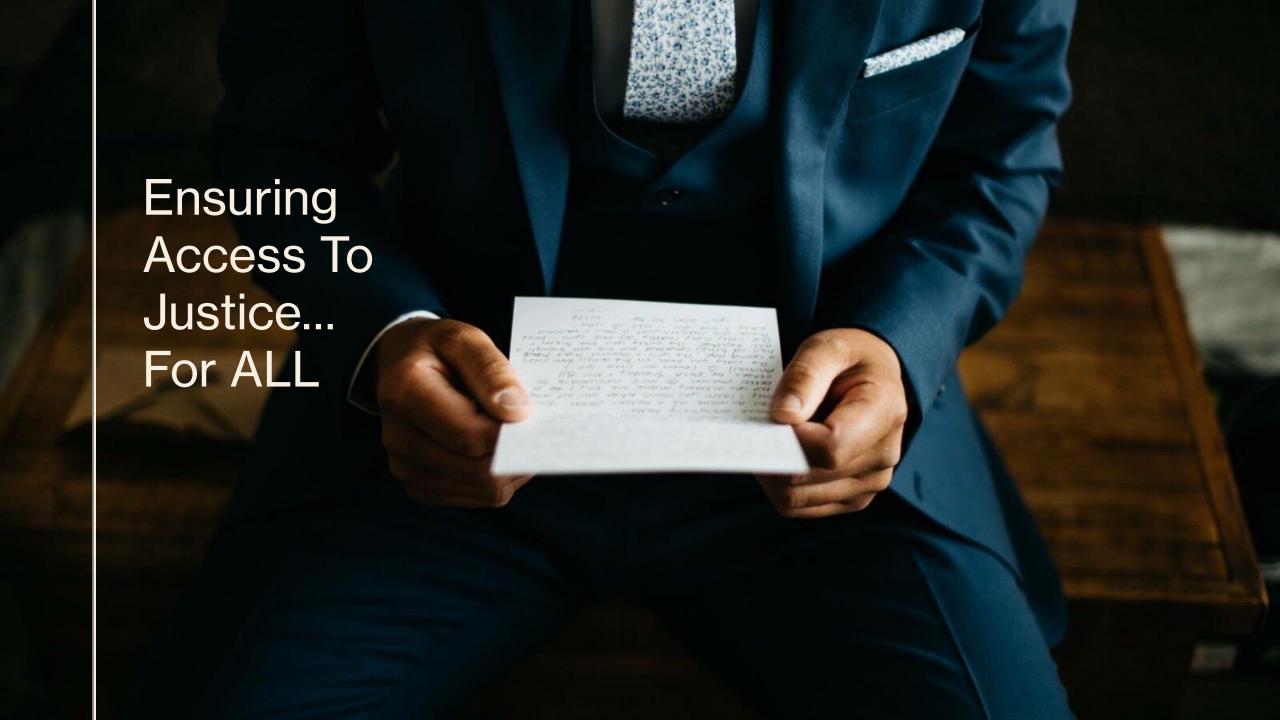
- Higher mortality rate

Hypertension

- Cancer

Mental Health

- Depression/anxiety
- Suicide (self-directed violence)
- Economic-social stress
- Post-traumatic stress disorder
- Substance abuse



What Can You Do?

- *Helpful Reminders
- * Everything Is NOT Always What It Seems
- * Empathy Does Not Compromise Your Judicial Responsibility
- * Explore and Evaluate Viable & Valid Alternatives



Questions



Post-Session Satisfaction Survey for Attendees

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