### National Association of Women Judges



## **Success Inside & Out**

Program for Incarcerated Women at the Las Colinas Detention and Reentry Facility



Friday, August 18, 2017
Las Colinas Detention and Reentry Facility
Santee, California

#### **National Association of Women Judges**



**About NAWJ** 

#### Mission

To promote the judicial role in protecting the rights of individuals under the rule of law through strong, committed, diverse judicial leadership; fairness and equality in the courts; and equal access to justice.

#### Goals

To preserve judicial independence, to ensure equal justice and access to the courts for women, minorities, and other historically disfavored groups, and to achieve fairness and equality for vulnerable populations.

## **Special Thanks**

Special thanks to the Las Colinas Detention and Reentry Facility staff and the Sheriff's Department. We are grateful for all of the support and assistance provided by the following individuals. We could not have done this without you!

Captain Erika Frierson Christine Brown Taylor Jessica Barawed



Special thanks to **Amanda Leach** of **Leach Creative** for creating our logo for Success Inside and Out. We truly appreciate her artistic talent!

#### Workshop

# How to Stop Destructive Relationships and Have Healthy Ones:

#### Stories of Real Life Survival

This workshop will bring awareness to the problem of human trafficking in San Diego county and how to avoid falling victim to human trafficking and destructive relationships.

This workshop will provide you with the first-hand account of how a brave woman put a stop to the destructive relationships that trapped her in a world of sexual abuse and domestic violence.

She will share her journey from victim to survivor to a survivor-leader. How she reconstructed her life with healthy and positive relationships.

She will share how she managed to escape her abusive circumstances and to turn her pain into a mission to help other girls and women.

This workshop will also provide you with resources to support you in escaping abusive relationships and destructive lifestyles to find your personal success.

Speakers: **Summer Stephan**, District Attorney and Chair of the Human Trafficking Advisory Council; **Ebony Jones**, Survivor of Sexual Exploitation/Human Trafficking and Peer Support Partner at San Diego Youth Services; and **Lisa Nugent**, Victim Advocate, District Attorney's Office.

Moderators: Judge Tamila E. Ipema, San Diego Superior Court; Nadia Keilani, Esq., and Jerrilyn Malana. Esa.

#### Workshop

### Handling Money & Dealing with Bills

Money Matters.

It is important to understand how to use it wisely, although many people make common mistakes.

This program will help you learn responsible spending, saving and budgeting, and good banking and credit practices.

We will also show how past mistakes about debt can be corrected and avoided in the future, such as credit repair, and avoiding pay day loan pitfalls.

You can learn about making good educational choices to build a brighter future for you and your family.

We will answer questions about specific problems people may have and where to get help.

Speakers: Judge Margaret M. Mann, United States Bankruptcy Judge; Renee M. Parker, Senior Associate Attorney, The Mortgage Law Firm, PLC; Bill Smelko, Attorney, Procopio, Cory, Hargreaves & Savitch

Moderator: **Judge Cindy Davis**, San Diego Superior Court

## "Success Inside & Out" Planning Committee Members

Hon. Tamila E. Ipema, Program Chair

Advisory Committee:

Hon. Judith McConnell, Chair

Hon. Margaret McKeown

Hon. Susan Finlay

#### **Education Committee:**

Hon. Pennie McLaughlin and Hon. Lisa Rodriguez,

Co-Chairs of Education Committee

Hon. Carolyn Caietti

Hon. Cynthia Bashant

Hon. Stephanie Sontag

Hon. Tamila E. Ipema

Hon. Marian Gaston

Hon. Terrie E. Roberts

#### Speaker Committee:

Hon. Terrie E. Roberts and Hon. Marian Gaston,

Co-Chairs of Speaker Committee

#### Security Committee:

Hon. Stephanie Sontag, Chair

Nadia Keilani, Esq.

#### Friends Committee:

Jerrilyn Malana, Esq.

Jamie Quient, Esq.

Wendy Behan, Esq.

Heather Rosing, Esq.

#### Student Assistants:

Negeen Sadeghi-Movahed, American

University's Washington College of Law

Negar Fattahi

Maiko Bracken

### **About Success Inside & Out**



The National Association of Women Judges' "Success Inside & Out" Program is a re-entry program designed to assist incarcerated women who are about to be released from detention. This

program was created by Justice Dana Fabe of the Alaska Supreme Court. (Ret.)

The purpose of this one-day conference is to educate the women in an effort to reduce recidivism. We recognize that there is a societal need to stop the revolving door into our jails and prisons. We also recognize that the incarcerated women's simple desire to succeed upon release may not be enough to help them get their lives back together, and that assistance is vital in planning their road ahead.

Through this program, we will provide information about resources available to them upon re-entry into the community.

This one-day educational workshop will address such topics as housing, transportation, education, substance abuse counseling, parenting training, stress management, self-esteem, job search, and communication skills, budgeting, and building healthy relationships.

#### Workshop

## Reunifying With Your Child After an Absence

Have you lost a nurturing and positive connection with your child due to being incarcerated?

This workshop will provide tips and tools to help as you reengage and reconnect with your child to develop a positive relationship.

Attendees will be provided information about child development, attachment, and positive parenting, an introduction to court procedures regarding reunifying with your child, as well as information as to resources in the local community upon release from custody.

Speakers: **Dr. Russell Gold**, PhD, psychologist; **Ms. Veronica Castillo**, Program Development for Special Populations at Cuyamaca College; **Mr. Dairrick Khalil Hodges**, musician, former foster youth, and youth transition worker.

Moderators: Judge Carol Isackson, (Ret.)
San Diego Superior Court; Judge Sharon L.
Kalemkiarian, San Diego Superior Court;
Judge Cynthia Bashant, U.S. District Court for the Southern District of California

#### Workshop

## Everything You Need to Know About Child Support

This workshop will discuss how to obtain child support orders, how to change an existing child support order, how to reduce payments on child support owed by you and how to get your driver's license released.

Speaker: **Bryanna Fornerod**, Supervising Child Support Officer for the San Diego County Department of Child Support Services.

Moderator: **Commissioner Terrie E. Roberts**, San Diego Superior Court

### **Conference Schedule**

8:30 - 9:15	Introduction and Welcome Program Chair, Hon. Tamila E. Ipema Introducing National Association of Women Judges Justice Judith McConnell Morning Plenary Introduction by Judge Lisa Rodriguez Keynote Speaker: Quanita Kirkland
9:30 - 10:15 10:30 - 11:15	Workshop Session 1 Workshop Session 2
11:30 - 12:45 1:00 - 1:45	Lunch Introduction and Welcome Program Chair, Hon. Tamila E. Ipema Address by President of Grossmont College Dr. Nabil Abu-Ghazaleh Afternoon Plenary Keynote Speaker: Judge Randa Trapp
2:00 - 2:45 3:00 - 3:45	Workshop Session 3 Workshop Session 4

During each workshop session, choose from one of six workshops.

#### Workshop

### Opening the Door to the Future

Imagine a different future and with this workshop, you will come face with face with real possibilities! There is no better time than right now to learn about different options and programs to start your path to your future on the day you are released. Engage in academic opportunities while incarcerated by becoming enrolled at Grossmont College.

**Robert Coleman**, the Executive Director of Strive Second Chance, will inform you about the many programs offered at Second Chance, including job readiness and life skills training, job placement, and more.

**Dr. Katrina VanderWoude** and **Dean Susan Schwarz** are from Grossmont College. Dr. VanderWoude serves as the Vice President of Academic Affairs, and Dean Schwarz is the Coordinator of the Pathways to Success Academy. The future is in your hands - take action and make it great!

Speakers: **Robert Coleman**, head of Strive Second Chance; **Dr. Katrina VanderWoude**, Vice President, Academic Affairs, Grossmont College; **Dean Susan Schwarz**, Coordinator, Pathways to Success Academy, Grossmont College

Moderators: Commissioner Pennie McLaughlin, San Diego Superior Court; Saba Sheibani, Deputy Public Defender

#### Workshop

# Successfully Surviving Probation and Cleaning Up Your Record

This workshop will feature **Judge Lisa Rodriguez**, San Diego Superior Court; Chief Deputy with the Office of the Public Defender **Kate Braner** and Deputy District Attorney **Heather Trocha**. They will discuss with you the best ways to successfully complete your term of supervision.

Whether you will be on supervision or not upon completion of your time in custody, this workshop will also give you information about the Public Defender's **Fresh Start Program**, created to assist you in obtaining relief from the impacts of criminal convictions and moving forward in your life.

Speakers: Judge Lisa Rodriguez, San Diego Superior Court; Kate Braner, Chief Deputy with the Office of the Public Defender; Heather Trocha, Deputy District Attorney

Moderator: **Judge Marian Gaston**, San Diego Superior Court