



Success Inside & Out

A Professional Pre-Release Conference
for Women at Hiland Mountain
Correctional Center

Saturday, October 27, 2007

Hiland Mountain Correctional Center
Eagle River, Alaska

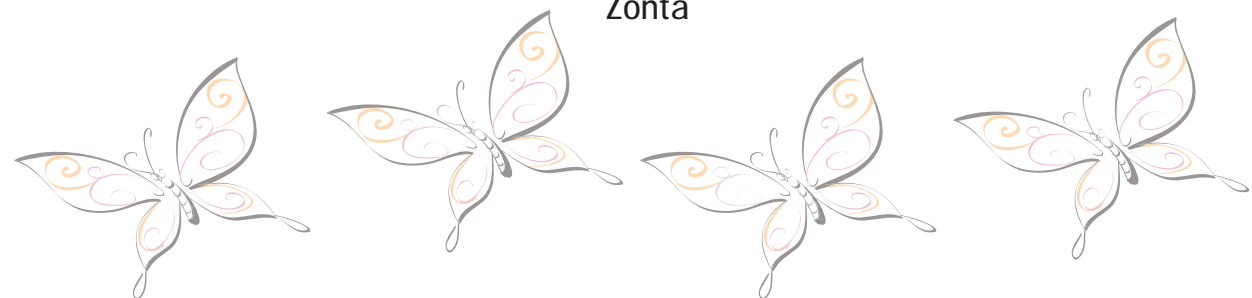


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Pamphlet Design: Jennie Marshall-Hoenack
Logo Design Project: Artist Indra Arriaga and HMCC Contestants



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Special thanks to the many Department of Correctional Officers Sgt. Gloria Johnson and R. C. Fisher

Alison King has worked in health care since 1975 and in counseling since 1981. She received her B.S. in psychology from the University of Alaska Anchorage and an M.S. in Psychology from Alameda University. She is a certified Master Addictions Counselor (National Board of Addiction Examiners), an Alaska State Certified Addictions Counselor II, and a Certified Criminal Justice Specialist (National Association of Forensic Counselors). Alison is in private practice, facilitates groups at Providence Alaska Medical Center's *Breakthrough* and teaches Relapse Prevention.

Kay Klose, is the Two Spirits Gallery Director/Curator for Cook Inlet Tribal Council, Inc. Kay graduated, in 1983 with a BFA from California College of Arts and Crafts and immediately moved to Alaska where she has spent her career working in the field of behavioral health. She spent 10 years working for the State of Alaska Department of Health and Social Services as a program coordinator for substance abuse programs and later as the planner for the Alaska Mental Health Board. Two and a half years ago she created a program at Two Spirits Gallery/Art Center in Anchorage that offers social and economic support to artists affected by homelessness, mental illness, substance abuse, and other disabilities.

Barb Malchick has been an attorney and guardian ad litem with the Office of Public Advocacy for almost 23 years. In addition to carrying an active caseload, Barb is a supervisor and trainer of staff and volunteer child advocates. She also serves on a number of interagency committees dedicated to improving the child protection system in Alaska. In her spare time, Barb enjoys playing ice hockey.

Enzina Marrari is Education Director for Planned Parenthood of Alaska. Eight years ago, Enzina moved from her hometown of Chicago to Alaska in search of something new. She received her B.A. from the University of Alaska Anchorage and her M.A. from New York University. In her current position, Enzina provides education on a range of sexual health topics in a variety of educational and community settings. The training programs seek to empower youth, teens, college students, parents, teachers, and other professionals to communicate about sex and sexuality.

Stacey Marz is the Co-director of the Family Law Self-Help Center. The Center is a statewide public service provided by the Alaska Court System dedicated to helping self-represented people achieve a better understanding of family law procedure; increasing access to family law courts; and facilitating quicker resolution of family law matters. Stacey is an attorney with a background in poverty law, family law, and domestic violence victim representation. She was a law clerk to Justice Robert Eastaugh of the Alaska Supreme Court.

Margie Mock is a third generation Alaskan born and raised in Juneau. She attended Juneau High and was on probation during most of that time. As a single mom, Margie attended UAA and paid for her education by working as a secretary. Upon successful completion of her college degree, she attended law school at the University of California at Berkeley. Margie is now an attorney at the Alaska Public Defender Agency.

Lisa Moorehead is co-owner of a business specializing in birding and backcountry guiding trips. She came to Alaska in 1978 and worked full-time for 13 years as a cultural anthropologist, traveling to over 35 rural Alaska and Canada communities on subsistence and related research projects. She has studied yoga for 25 years and has been teaching yoga in the Anchorage area for the past seven years - including a weekly class at HMCC for the last four years.

Andrea Noble coordinates the selection process for the State Writer Laureate and is one of three Arts Council grant administrators for writers, visual artists, and arts organizations. She oversees the State of Alaska's Arts in Public Places Program and Percent for Art Collection. Reading and art were daily childhood pleasures in Andrea's family. Andrea holds honors degrees in Studio Art (University of Western Ontario) and Art Education (University of British Columbia) with minors in French Literature and Canadian Film. She was Curator of Art Education at the Anchorage Museum of History and Art before joining the Alaska State Council on the Arts. She is a former educator with the Anchorage School District where she taught American literature, yearbook, and art. She has lived in Alaska since 1998.

Patrice Parker works for Alaska Works Partnerships, Inc. (AWP). AWP is a statewide nonprofit corporation that connects people to careers in construction. As part of her work, Patrice is the coordinator of the Anchorage Construction Academy. She has worked as a case manager, assisting first year construction trade apprentices with support services. Before going to work for AWP, Patrice was a project coordinator for the Alaska Department of Labor Workplace Investment Board. She is a fourth generation Alaskan who grew up in Juneau.

Deedee Raymond has a M.A. in Science and Psychology Counseling and over 20 years of experience working in the mental health and social service fields. For thirteen years, she worked as a Juvenile Probation Officer. While she is new to the Department of Corrections (DOC), her network and experience working with Anchorage providers is broad and diverse. She is currently a Mental Health Clinician who coordinates two DOC mental health release programs, that assisting severely mentally ill inmates in transitioning from prison back into the community.

Dawn Scott is the former Pre-Release Coordinator at Hiland Mountain Correctional Center and a small business owner. Dawn works to prevent homelessness and helps individuals leaving prison find housing, transportation, and other basic needs. Currently she serves on the University of Alaska Technical College Advisory Committee.

Shirley Mae Springer-Staten is a musician, actress, teacher, motivational speaker, and event coordinator. Through her singing, acting, storytelling, and dynamic personality, she is a catalyst in Anchorage for improving racial relations and celebrating diversity. Her many accomplishments include the Martin Luther King birthday celebration in Anchorage; producing and acting in *Having Our Say*; coordinating the Alaska Native Heritage Center youth program; and participating in the *Artists-in-the-School* program.

Gina Stafford was an inmate at Hiland Mountain Correctional Center and is now a resident at a halfway house. She is now employed full time learning new skills to become more competitive in the business world.

Janice Weiss holds a graduate degree and undergraduate degree in Creative Writing and English. With her twenty-five years of teaching experience, she has worked as a newspaper reporter and the Education Coordinator with the State of Alaska, Department of Corrections. Janice has done extensive training in cognitive self-change and victim impact programs. Currently, she is the Bridge to Success Re-entry Coordinator located at the Alaska Native Justice Center.

Stephanie Wheeler is the Executive Director for the Alaska Office of Faith-Based and Community Initiatives. She has worked in the human services field for over 25 years. She has served as a director of homeless programs, supervised residential programs for troubled youth, and been a counselor for first time offenders. She is a member of the *Mayor's Oversight Board for Anchorage's 10-Year Plan to End Homelessness*, the *Prison Re-entry Planning Group*, the *Homeless Ends in Alaska* advisory team, and *Anchorage Caring Emergency Social Services*.

A special thanks to the many volunteers assisting the main conference presenters and facilitators.

Main Conference Presenters/Facilitators

Eleanor Andrews attended California State University and the University of Alaska. Ms. Andrews has received several awards for outstanding service including the 1998 Alaska Small Business Administration's Person of the Year; the 1995 ATHENA Award in recognition of her outstanding leadership, excellence, and promoting women-owned businesses; and the 1994 YWCA Women of Achievement Award. She is the President/CEO of The Andrews Group, a firm that has been engaged primarily in US government services contracting for the past 19 years. Ms. Andrews is an active Rotarian and does community service projects in Anchorage. Currently she is working with a dedicated group to form the first ever *National Urban League* affiliate and is a member of *Urban Works*, that is dedicated to providing elegant affordable housing projects in Alaska.

Indra Arriaga is an adjunct professor at the University of Alaska Anchorage, co-founder of the Spot Gallery, and an accomplished artist. In 2006, Indra coordinated the Hiland Mountain conference logo contest.

Ellen Arvold is a community leader and owner of *Out of the Closet*. Ellen came to Alaska in 1977 for a camping trip and stayed. She serves on the *Success Inside & Out* Steering Committee and has given numerous in-kind donations to this conference. Ellen is the director of the conference's luncheon fashion show.

Dr. Ellen Cole received her B.A. from Boston University, M.Ed. from Harvard University, and Ph.D. from Union Institute. She is a Professor of Psychology at Alaska Pacific University in Anchorage and currently Alaska's only nationally certified sex therapist. Her most recent books are *Jewish Mothers Tell Their Stories: Acts of Love and Courage* and *Featuring Females: Feminist Analyses of Media*. She has received awards for writing and research, and received the YWCA Women of Achievement Award.

Darleana Eaves was a Hiland Mountain Correctional Center inmate who worked as the lead education assistant for several years before moving to a halfway house. She is currently employed full time in a professional position that provides her the opportunity to move forward in her career.

Mary J. Elam has served as the Alaska Native Justice Center's Advocacy Coordinator since 1997. Prior to this, she was the Program Director for Standing Together Against Rape (STAR). She is an advocate for the rights of sexual assault and child sexual abuse victims. She is a member of the Anchorage Sexual Assault Response Team (SART), the Anchorage Disabilities Abuse Response Team (DART), the Justice Advisory Board, the Alaska Native Women's Sexual Assault Committee, and the Domestic Violence Caucus. She actively participates in awareness and outreach activities for Domestic Violence Awareness Month and Sexual Assault Awareness Month. Ms. Elam has a bachelor's degree in psychology from Texas A&M University.

Cheryl Facine is a legal advocate for Domestic Violence/Sexual Assault and Child Abuse with the Alaska Native Justice Center (ANJC). She joined ANJC in April 2004 and participates on the Domestic Violence Caucus, the Sexual Assault Response Team (SART) and the Justice Advisory Board. She received domestic violence and legal advocacy training in 2004 and SART training in 2005. Cheryl was a member of the Domestic Violence Workgroup for the Alaska Rural Justice and Law Enforcement Commission and presented on cultural awareness for the Alaska Women's Resource Center's legal advocacy training. She is a graduate of the FBI Citizen's Academy and a certified instructor for the Domestic Violence Instructor Training Program conducted by the Federal Law Enforcement Training Center (FLETC). Prior to joining ANJC, Cheryl worked for the State of Alaska for 20 years, 12 of which were spent as an investigator for Public Assistance and Medicaid Fraud. She was in the United States Air Force from 1977-1983 and the Alaska Air National Guard from 1984-1987. Cheryl is of the Muscogee (Creek) Nation of Oklahoma and has resided in Anchorage since 1980.

Angelique Garnand has been a personal trainer since 2003. Angelique customizes yoga, Pilates, and free weights programs. She is certified by the American Council of Exercise and is CPR/First Aid certified. Angelique's exercise philosophy is that "your experience should be enjoyable and challenging."

Judy Gette is currently the Program Manager for the Family Violence Intervention Program located in Wasilla, Alaska. She also teaches classes in justice and psychology at Mat-Su College. She is a retired Department of Corrections Probation Officer and has over 25 years of experience working with offenders. She has a M.S. in Counseling Psychology.

Linda Good has been involved in education for over 30 years. She has been a classroom teacher, served as a middle school and high school counselor, coordinated the high school *Mentorship Program* for the Anchorage School District, written for children's television, and developed curricula for high school and post-secondary education. For the past eight years, Linda has done contract work on scholarship development, process technology internships, workforce development, regional government affairs, and external community affairs. She was instrumental in organizing the BP-sponsored speed skating venue for the World Special Olympics. Linda has a B.S. from the University of Houston and a MS in Counseling and Guidance from the University of Alaska Anchorage.

Brittany Goodnight is the Public Affairs Manager and Health Educator at Planned Parenthood of Alaska. Her office focuses on statewide community outreach, advertising, media relations, and policy development. Brittany was born and raised in Alaska and spent time in Seattle, Washington as a student, activist, and organizer. She earned a B.A. in International Studies and Mandarin Chinese from the University of Washington. Since, 2004, she has worked as a substitute high school teacher for the Anchorage School District, a construction worker, a campaign director, and a legislative assistant.

Linda Grist has a bachelor's degree in Criminal Justice and a minor in Psychology. She started working with the Department of Corrections in 1990. She has been a clerk, community counselor, and is currently a Probation/Parole Officer II with a caseload in Enhanced Probation/Parole (EPP), Intensive Supervision/Surveillance Program (ISSP) and felony DWI.

Nancy Groszek came to Alaska in 1975 as a VISTA Volunteer. During her legal career, she has worked for the Alaska State Legislature, the Office of Public Advocacy as a guardian ad litem, and the Public Defender Agency representing parents in Child In Need of Aid cases. She retired from State employment on May 1, 2007.

Elizabeth Halberg was born and raised in Ekwok, Alaska. She was a seven year inmate at Hiland Mountain Correctional Center. She now lives in Dillingham where she commercial fishes and works part-time jobs in the winter. She is active in the Sister's Group—a support group for women who were in abusive relationships—and AA.

Charlene Hudson was born in Minnesota, moved to Shemya, Alaska at the age of six weeks, and at the age of five, moved to Anchorage. Charlene has worked for BP Exploration for 22 years in various positions including human resources and facilities. Presently she is the HR/Recruiter for NMS Employee Leasing.

Jan Jones is a counselor with Consumer Credit Counseling of Alaska (CCCS), a local nonprofit organization affiliated with the National Foundation for Consumer Counseling. Through CCCS, Jan offers confidential personal debt management plans to help pay existing debt and avoid future problems. CCCS provides educational programs promoting consumer awareness of money management and the wise use of credit.

Success Inside & Out Steering Committee

Committee Chair: Chief Justice Dana Fabe



Chief Justice Dana Fabe has served on the Alaska Supreme Court since March 1996 and is the first woman to serve on the court. She holds a B.A. degree from Cornell University and a J.D. degree from Northeastern University School of Law. Justice Fabe clerked for Justice Edmond W. Burke of the Alaska Supreme Court in 1976-77. She served as a staff attorney for the Alaska Public Defender Agency from 1977-81, and in 1981 she was appointed by the governor to be Chief Public Defender for Alaska. Justice Fabe was appointed to the superior court bench in Anchorage in 1988. She served as Chief Justice of the Alaska Supreme Court from July 2000-2003 and was appointed to a second term in 2006. She is the chair of the Success Inside & Out Steering Committee.

Steering Committee Members

Honorable Elaine Andrews (retired)

Ms. Heather Arnett, Executive Director, YWCA Anchorage

Ms. Ellen Arvold, Out of the Closet Clothing Store

Ms. Laura Brooks, Director of Mental Health Services, Alaska Dept. of Corrections

Dr. Ellen Cole, Professor of Psychology, Alaska Pacific University

Ms. Pati Crofut, Arts on the Edge, HMCCs.

Ms. Linda Duck, Community Leader

Ms. Charlotte Fox, Executive Director, Alaska State Council on the Arts

Honorable Sharon Gleason, Anchorage Superior Court

Ms. Linda Good, Community Engagement Specialist, Chevron North America Exploration & Production

Ms. Jana Hayenga, Cabin Fever

Ms. Mary Hughes, Alaska State Director, Office of US Senator Lisa Murkowski

Ms. Babbie Jacobs, Community Leader

Ms. Karen Jenkins, Education Coordinator, Hiland Mountain Correctional Center

Ms. Margi Mock, Public Defender Agency

Honorable Nancy Nolan, Anchorage District Court

Ms. Kathy Porterfield, Managing Partner, KPMG

Ms. Bernie Ruskin, Community Leader

Ms. Janice Weiss, Bridge to Success, Re-entry Coordinator, Alaska Native Justice Center

Ms. Brenda Aiken, Conference Coordinator, Alaska Court System





2007 Success Inside and Out Conference

Saturday, October 27, 2007

Agenda

... 8 : 3 0 ...	Arrival of the Steering Committee and Conference presenters at Hiland Mountain Correctional Center
9 : 0 0 - 9 : 2 5	Conference Registration (gym) Music provided by Arts on the Edge Orchestra Slides provided by RC Fisher, HMCC
9 : 3 0 - 9 : 4 5	Welcome and Introductions (gym) Chief Justice Dana Fabe Alaska Supreme Court Superintendent Dean Marshall Hiland Mountain Correctional Center
9 : 4 5 - 1 0 : 0 0	Keynote Address: Keep Movin' Forward (gym) Speaker: Shirley Mae Springer-Staton
1 0 : 0 0 - 1 0 : 3 0	Plenary Session (gym) Inspirational Stories "Outside" Success Stories for those "Inside" Moderator: Margie Mock Facilitator: Janice Weiss Panel: Darleana Eaves, Gina Stafford, Elizabeth Halberg
1 0 : 3 5 - 1 1 : 2 0	Concurrent Sessions (classrooms) Family Care: Walk the CINA Line Addiction Treatment, Recovery, and More Training Programs & Resources for Success Surviving Probation Healthy Relationships; Healthy Self Exploring Life's Necessities: Housing, Transportation, and Food Fitness and Strength Training: It's All About YOU! Getting Involved in the Arts: Discovering Your Creative Side Tips for Being Successful "Outside" Tips for Writing a Resume Read Between the Lines with Your Children (morning only)

1 1 : 2 5 - 1 2 : 1 0	Concurrent Sessions (classrooms) Addiction Treatment, Recovery, and More Training Programs & Resources for Success Surviving Probation Exploring Life's Necessities: Housing, Transportation, and Food Fitness and Strength Training: It's All About YOU! Family Law Self-Help Center Getting Involved in the Arts: Discovering Your Creative Side Yoga: A Way to Care for Self Tips for Being Successful "Outside" Navigating the Urban Culture Tips for Writing a Resume
1 2 : 1 5	Lunch distribution (Kitchen area) Lunch (gym)
1 2 : 3 0 - 1 : 0 0	Fashion Show (gym) Dress for Success (for Less!) - Don'ts to Do's (gym) Facilitator: Ellen Arvold and company
1 : 0 5 - 1 : 3 5	Plenary Session (gym) Interactive Communication: The Job Interview Presenter: Eleanor Andrews and volunteers
1 : 4 0 - 2 : 2 5	Concurrent Sessions (classrooms) Training Programs & Resources for Success Healthy Relationships; Healthy Self Exploring Life's Necessities: Housing, Transportation, and Food Fitness and Strength Training: It's All About YOU! Getting Involved in the Arts: Discovering Your Creative Side Mental Health: Keep the Balance Tips for Being Successful "Outside" Tips for Writing a Resume Balancing Act: Managing Your Personal Finances
2 : 3 0 - 3 : 0 0	Plenary Session (gym) Dear Diary: Identifying and Celebrating Your Strengths (Active Workshop) Presenter: Dr. Ellen Cole
3 : 0 0	Closing Song: Shirley Mae Springer-Staton (gym)
3 : 0 5	Closing Remarks (gym) Chief Justice Dana Fabe Superintendent Dean Marshall Door Prize Drawings Conference evaluations and Zonta "goodie bags"
	Adjourn